

Stronger
Families
Stronger
Communities

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A Month of Family Highlights

A partnership of W*USATV 9 and The Freddie Mac Foundation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bake treats together	Help your children trace their hands on paper	Write a poem with your children	Learn more about how to be a good parent	Pat yourself on the back	Play a sport together	Sing songs that everyone knows
Make a necklace with beads	Discuss your family history	Talk to your children about family rules and why they're needed	Make a special effort to listen to your children	Go for a walk with your children	Read a book together	Explore with a flashlight
Laugh with your children	Hug your children	Visit someone who's lonely	Find your city on a map	Clean a room together	Call a relative and let everyone talk on the phone	Work as a family on a neighborhood
Make dinner together	Praise your children for good work	Respect your children's opinions	Plant flowers indoors or outdoors	Spend a few minutes alone with each of your children	Send a postcard to a friend	Take pictures of your family
Mark family birthdays on a calendar	Have a picnic	Tell your children "I Love You" every single day				