

Recursos para padres

Los recursos mencionados abajo vienen del libro *The Referral Directory of Social Services in Metropolitan Washington*, publicado por Prevent Child Abuse of Metropolitan Washington (202) 223-0020.

Líneas de ayuda directa

Action in the Community Through Service, Helpline	(703) 368-4141
Agape	(703) 534-2559
Childhelp USA	1-800-4-A-CHILD
Crisislink	(703) 527-4077
Hispanic Hotline	(301) 230-3073
Montgomery County Crisis Center	(301) 315-4000

Servicios de apoyo y consejo

REGIONAL

Washington Assessment and Therapy Services (WATS)	(202) 537-1780
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MARYLAND

Family Services Agency, Montgomery County	(301) 840-2000
Montgomery County Department of Health and Human Services Multicultural Program	(240) 777-1323

DISTRITO DE COLUMBIA

Ayuda	(202) 387-2870
Calvary Bilingual Multicultural Learning Center Healthy Families DC	(202) 332-4200
Family and Child Services of Washington DC, Inc. Mental Health Counseling	(202) 289-1510
Mary's Center for Maternal and Child Care	(202) 483-8196

VIRGINIA

Alexandria Office on Women	(703) 838-5030
Center for Multicultural Human Services Child and Adolescent Clinical Program	(703) 533-3302
Northern Virginia Family Service	(703) 533-9727
Women's Center	(703) 281-2657

Recursos para padres

Formación para padres

REGIONAL

Catholic Charities Parenting Program (202) 772-4343

MARYLAND

Bethesda YMCA (301) 229-1347

Centro Tepeyac, Pregnancy Crisis Center (301) 587-9516

DISTRITO DE COLUMBIA

Barbara Chambers Children's Center (202) 387-6755

The Family Place (202) 265-0149

Rosemount Day Care Center (202) 265-9885

VIRGINIA

Fairfax County Public Schools Parenting Education Center (703) 846-8670

Hispanics Against Child Abuse and Neglect
Strengthening Families Parenting Classes (703) 208-1550

Prevención del abuso infantil

Hispanics Against Child Abuse and Neglect (703) 208-1550

Oportunidades para donar su tiempo

Alexandria Volunteer Bureau (703) 836-2176

Upper Montgomery County Assistance Network (301) 926-4423

The Voluntary Action Center of the Prince William Area (703) 369-5292

Volunteer Frederick (301) 663-5214